



Create a **new superfood** by combining any 2–3 foods.

Give your superfood a unique name.

### EXPLAIN:

- Which foods did you combine?
- What does your superfood give your body?
- How does your superfood help your body stay healthy?



## Simple Sentence Frames



- My superfood is called Berry Power Bites.
- I made my superfood with oats and blueberries.
- My superfood gives your body lots of energy.
- It helps your body stay strong and healthy.



### ★ Challenge:

- My superfood is better because it has antioxidants.